

## Crockpot Corned Beef

2½ lbs corned beef  
1 bay leave  
¼ c brown sugar  
2 Tbsp garlic  
1 onion, sliced  
4 c water

Mix all ingredients except meat in a crock pot. Wash beef; remove the fat. Place in crock pot with contents of spice packet.

Cook on slow for 8 hours. Serve reserved onions with the meat.